

# CIRCLE OF LEARNING PARENT ACADEMY

Attend for  
a chance to  
win door  
prizes!

As a parent/guardian, you were your child's first teacher and you are still his or her most important teacher. Your involvement in your child's education has an impact on success. Register to attend free workshops throughout the year designed to help you support your child's learning and development.

## Successful transitions - how parents can guide their children to achieve their full potential

**Speaker: SCDSB Student Success Team**

As children reach adolescence, parents/guardians can maximize potential by changing their role from caregiver and protector, to mentor and ally. This shift will help children build the skills and independence needed to navigate the range of challenges they'll face in their lives.

During this thought-provoking session, participants will learn about:

- the adolescent brain, including how the decision-making part of the brain is under construction and what that means for teens
- the benefits of coaching preteens and teens rather than rescuing them, and some strategies parents can use right away
- the challenges teens will face in high school and how, as coaches, parents can help them make better decisions
- how to use strengths-based learning to benefit children and teens, and why encouraging a growth mindset sets young people up for success

This session is designed for parents of children age 12 and up, but all are welcome. Doors open half an hour before the workshop begins.

### WORKSHOP DATES

Tuesday, Nov. 18, 2014	7:30 p.m.	Midland Secondary School (865 Hugel Ave., Midland)
Thursday, Nov. 20, 2014	7:30 p.m.	Innisdale Secondary School (95 Little Ave., Barrie)
Tuesday, Nov. 25, 2014	7:30 p.m.	Bradford District High School (70 Professor Day Dr., Bradford)

## Make the difference in math with a growth mindset

**Speaker: SCDSB Program and Innovation Team**

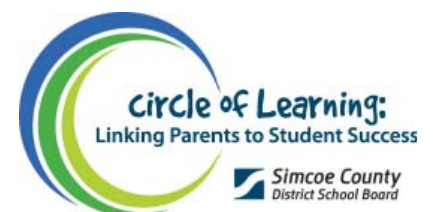
We become what we believe—that's the idea behind the research related to growth mindsets in mathematics. Adults have a role to play in helping children develop positive attitudes about math. Saying things like "I was never good at math" can have a negative impact on our children's perceptions of themselves as mathematicians—and that can impact their learning.

The session will provide an overview of how technology can be used to boost math skills, and will help parents and educators develop a common, positive language about math. Doors open half an hour before the workshop begins.

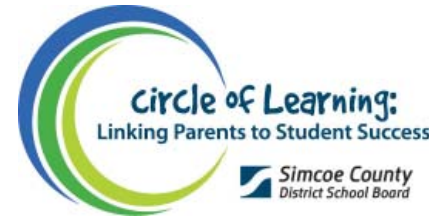
### WORKSHOP DATES

Wednesday, March 11, 2015	7:30 p.m.	Education Centre (1170 Highway 26, Midhurst)
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Register online at  
[www.scdsb.on.ca/circleoflearning](http://www.scdsb.on.ca/circleoflearning)



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## **Math 101 - all parents can support their children in math**

**Speaker: Trevor Brown, Math Lover and Associate Professor at Tyndale University College, Mathematics Department**

This hands-on session will provide parents/guardians with the tools they need to help their children succeed in math. Trevor Brown will show parents how to use the element of surprise and the study of patterns to engage their children in learning. Parents will receive a kit of materials to use during the session and to bring home to use with their children.

This session is designed for parents of elementary students, but all are welcome. Doors open half an hour before the workshop begins.

### **WORKSHOP DATES**

<b>Tuesday, April 14, 2015</b>	<b>7:30 p.m.</b>	<b>Collingwood Collegiate Institute (6 Cameron St., Collingwood)</b>
<b>Thursday, April 16, 2015</b>	<b>7:30 p.m.</b>	<b>Twin Lakes Secondary School (381 Birch St., Orillia)</b>
<b>Tuesday, April 21, 2015</b>	<b>7:30 p.m.</b>	<b>Banting Memorial High School (203 Victoria St. E, Alliston)</b>

## **Resilience: Nine things kids need from their families, schools, and communities**

**Speaker: Dr. Michael Ungar, family therapist and Professor of Social Work at Dalhousie University where he co-directs the Resilience Research Centre**

In his engaging, story-filled presentation, Dr. Michael Ungar will share what he has learned about resilience from young people around the world. He'll show that resilience depends on more than a young person's individual capacity to overcome challenges. Resilience is also the ability of young people's parents, teachers, mentors and other caregivers to successfully help youth navigate and negotiate for the supports they need to thrive. Troubling behaviors can be addressed by providing young people with nine sources of resilience: structure, consequences, parent-child connections, strong relationships with peers and adults, a powerful identity, a sense of control, a sense of belonging, spirituality and life purpose, fair and just treatment, and the safety and support children need to cope when problems overwhelm them. Doors open half an hour before the workshop begins.

### **WORKSHOP DATES**

<b>Wednesday, May 13, 2015</b>	<b>4 p.m.</b>	<b>Nottawasaga Pines Secondary School (8505 County Rd. 10, Angus)</b>
<b>Wednesday, May 13, 2015</b>	<b>7:30 p.m.</b>	<b>Eastview Secondary School (421 Grove St. E., Barrie)</b>

**Register online at [www.scdsb.on.ca/circleoflearning](http://www.scdsb.on.ca/circleoflearning)**

*The Circle of Learning Parent Academy is hosted by the Simcoe County District School Board's Parent Involvement Committee and made possible with the support of the Ministry of Education through a Parents Reaching Out Grant. For more about the Parent Involvement Committee, visit [www.scdsb.on.ca](http://www.scdsb.on.ca) and click on 'Parent Involvement Committee' in the 'Parents' section.*